

Credentiaing Agency			New York Chiropractic College (DC) credits	NY	NJ	TX	PA	NH	MN		
Time	Minutes	Duration (Minutes)								Session Title	Speakers
Thursday, February 21											
8:00 AM - 8:45 AM	0	0								Opening Remarks	Woodson Merrell MD
8:45 AM - 10:00 AM	75	75	0	N/A	N/A	N/A	N/A	N/A	N/A	Urban Zen Integrative Therapy	Rodney and Colleen Yee
10:15 AM - 12:00 PM	105	100	2	F	D- Nutr	E7- (g) - Nutrition	Gen	Gen	Reg	Why We are Confused: The Failures of Nutrition Science	Mark Hyman MD
10:15 AM - 11:15 AM	60	60	1	F	K	D1- (d) - Nutrition	Gen	Gen	Reg	Test, Don't Guess! Integrative and Functional Nutrition Laboratory Assessment	Mary Beth Augustine RDN, CDN, FAND; Kathie Swift MS, RDN, LFN, FAND
11:15 AM - 12:15 PM	60	60	1	F	K	D1- (d) - Nutrition	Gen	Gen	Reg	Change Your Genes - Change Your Life	Kenneth R. Pelletier PhD, MD
	60	1	C	D- Nutr	E6- (f) - Risk management	Gen	Gen	Gen	Reg	IFM Presents : What is Keeping You Stuck in Adrenal Fatigue	Marcelle Pick NP, OB/GYN
1:45 PM - 3:00 PM	60	1	C	D- Nutr	E7- (g) - Nutrition	Gen	Gen	Gen	Reg	Integrative and Comprehensive Approach to Inflammatory Bowel Disease	Ronald Hoffman MD, CNS, FACAM
	75	0-1.5	N/A	D- Nutr	D1- (d) - Nutrition	Gen	Gen	Gen	Reg	Leaky Heart Syndrome	Jack Wolfson DO, FACC
	75	0-1.5	N/A	D- Nutr	E5- (e) - Other: Patient Education	Gen	Gen	Gen	Reg	The Technology-Engagement Triad: The Practitioner, Wearable Technology/Apps, & The Patient	Steven Feyrer-Melk PhD, M.Ed
3:30 PM - 5:00 PM	75	1.5	C	A	E12- (m) - Nutrition	Gen	Gen	Gen	Reg	Cannabis in Cancer Care	Donald Abrams MD
	90	0-1.5	N/A	N/A	E6- (f) - Risk management	Gen	Gen	Gen	Reg	Measuring Biology vs. Symptomatology - The Fully Integrated Functional Wellness Program	Dane Donohue DC
	90	1.5	F	K	E7- (g) - Nutrition	Gen	Gen	Gen	Reg	HRT: To Give or Not to Give. The Functional Medicine Answer	Joel Evans MD
Total Credit Hours				10.50	15.00	16.50	16.50	16.50	16.50		
	Ind Max			5.00	5.00	5.00	5.00	5.00	5.00		
Friday, February 22											
8:30 AM - 9:45 AM	75	75	0-1.5	N/A	D- Nutr	E7- (g) - Nutrition	Gen	Gen	Reg	Keynote: Fasting Mimicking Diets, Regeneration, and Age-Related Diseases	Valter Longo PhD
10:45 AM - 12:00 PM	75	75	0-1.5	N/A	N/A	E12- (m) - Other: Homeopathic Botanicals	Gen	Gen	Reg	Revolutionizing Modern Health with Ancient Medicine	Josh Axe DNM, DC, CNS
	75	0-1.5	N/A	N/A	E14- (o) - Risk management	Gen	Gen	Gen	Reg	Real World: Integrative, Functional and Naturopathic Clinical Pilots in the Era of Value-Based Care	John Weeks; Patrick Hanaway MD; David Fogel MD; Lorilee Schoenbeck ND
	75	0-1.5	N/A	D- Nutr	E15- (p) - Adjunctive or supportive therapy	Gen	Gen	Gen	Reg	Chronic Disease is an Environmental Issue	Isadora Guggenheim ND
	75	0-1.5	N/A	N/A	E15- (p) - Adjunctive or supportive therapy	Gen	Gen	Gen	Reg	Guided Imagery: Efficacious, Portable, Scalable, User-Friendly, Self-Administered	Belleruth Napanstek ACSW
1:30 PM - 2:45 PM	75	75	1.5	F	L	E15- (p) - Adjunctive or supportive therapy	Gen	Gen	Reg	The Autoimmune Epidemic - Exploring the Controversies and Pathways Forward	David Brady ND, DC, CCN, DACBN, IFMCP; Yehuda Shoenfeld MD, FRCP, MaACR; Aristo Vojdani PhD, MSc, CLS; Nancy O'Hara MD, MPH, FAAP; David Perlmutter MD, FACN, ABIM
	75	1.5	F	D- Nutr	E7- (g) - Nutrition	Gen	Gen	Gen	Reg	Gut Dysbiosis, Immune Activation and Histamine Intolerance - Untangling the Web	Michael Ruscio DC
	75	1.5	F	D- Nutr	E7- (g) - Nutrition	Gen	Gen	Gen	Reg	The Gut-Microbiome-Brain Axis: In Touch with Your 'Gut Feelings'	Patrick Hanaway MD
	75	1.5	C	A	D1- (d) - Nutrition	Gen	Gen	Gen	Reg	Integrative Approaches to Traumatic Brain Injuries	Adam Breiner ND
3:30 PM - 5:00 PM	90	90	1.5	J- Public Health	Q- Public Health	E6- (f) - Risk management	Gen	Gen	Reg	Laughter, Enriching Global Relationships and Wellness Through this Universal Language of Healing	Karen Ellen Fink BSN, RN, HNB-BC, LMT, CLL
	90	1.5	F	L	E15- (e) - Public health	Gen	Gen	Gen	Reg	Lifestyle Choices Chart Your Brain's Destiny	David Perlmutter MD, FACN, ABIM
Total Credit Hours				9.00	12.00	16.50	16.50	16.50	16.50		
Ind Max				3.00	6.00	6.00	6.00	6.00	6.00		
Saturday, February 23											
8:30 AM - 10:00 AM	90	90	1.5	F	L	E6- (f) - Risk management	Gen	Gen	Reg	Pathways to Longevity: Intracellular Biochemical Pathways Associated with Aging	Robert Rountree MD
8:30 AM - 9:45 AM	75	75	1.5	F	K	E15- (p) - Adjunctive or supportive therapy	Gen	Gen	Reg	Environmental Toxins: Part 2 - Survival Strategies To Deal With 4 Of The Most Damaging Pollutants	Walter Crinnion ND
	75	0-1.5	N/A	A	E6- (f) - Risk management	Gen	Gen	Gen	Reg	Doing It, Better! Integrative Medicine for Sexual Dysfunction	Barbara Bartlik MD; Geo Espinosa ND, LAc, IFMCP, CNS; Janet Mindes PhD; Ronald Hoffman MD, CNS, FACAM
	75	0-1.5	N/A	Q- Herbal Medicine	E12- (m) - Nutrition	Gen	Gen	Gen	Reg	Cannabis, The Endocannabinoid System, and Integrative Modalities: What Integrative Practitioners Need to Know	Carey Clark PhD, RN, AHN-BC, RYT
9:00 AM - 12:00 PM	180	180	3.5	C	A	E6- (f) - Risk management	Gen	Gen	Reg	Compassion Fatigue + Vital Exhaustion: A Matter of the Heart	Nancy Gahles DC, CCH, RSHom(NA),OIM; Lorraine Gahles-Kildow PhD
10:45 AM - 12:00 PM	75	75	0-1.5	N/A	D- Nutr	E7- (g) - Nutrition	Gen	Gen	Reg	Microbiota and the Gut-Brain Axis in Health and Disease	Rob Silverman DC, DACBN, DCBCN, MS, CCN, CNS, CSCS, CIISN, CKTP, CES, HKC, FAKTR
	75	0-1.5	N/A	D- Nutr	E7- (g) - Nutrition	Gen	Gen	Gen	Reg	Patient-Specific Immune Repair Program: Immunopathogenesis in Ill & Good Health	Russell Jaffe MD, PhD, CCN
	75	1.5	C	D- Nutr	E7- (g) - Nutrition	Gen	Gen	Gen	Reg	Exploiting Genetic Variation in Hormone Balancing for Women	Wendy Warner MD, FACOG, ABIM, IFMCP
1:30 PM - 2:45 PM	75	75	1.5	J- Public Health	Q- Public Health	E6- (f) - Risk management	Gen	Gen	Reg	Suicide: A Public Health Crisis - Obligations and Opportunities for Integrative Medicine	James Greenblatt MD
	75	1.5	F	D- Nutr	E7- (g) - Nutrition	Gen	Gen	Gen	Reg	The Mosaic of Autoimmunity	Yehuda Shoenfeld MD, FRCP, MaACR
	75	1.5	F	D- Nutr	E7- (g) - Nutrition	Gen	Gen	Gen	Reg	"Braininflammation" - How Gluten and Grains Trigger Blood Brain Barrier Disruption	Peter Osborne DC, DACBN, PsCD
	75	0-1.5	N/A	D- Nutr	E12- (m) - Nutrition	Gen	Gen	Gen	Reg	Testosterone in Men: Why Levels Are Low and Treating With Natural Therapeutics	Geo Espinosa ND, LAc, IFMCP, CNS
3:45 PM - 5:00 PM	75	75	1.5	C	A	E15- (p) - Adjunctive or supportive therapy	Gen	Gen	Reg	Integrative Energy Medicine for Pain Management	Gail Van Kanegan DNP, FNP, APHN, EEM-AP, Reiki Master
	75	0-1.5	N/A	D- Nutr	E6- (f) - Risk management	Gen	Gen	Gen	Reg	Functional Medicine in the Age of Genomics, Biometrics and Wearable Devices	Jeffrey Bland PhD, FACN, FACB, CNS
Total Credit Hours				14.00	23.00	23.00	23.00	23.00	23.00		
Ind Max				6-6.5	6-6.5	6-6.5	6-6.5	6-6.5	6-6.5		
				NYCC (DC)	NYCC (DC)	NYCC (DC)	NYCC (DC)	NYCC (DC)	NYCC (DC)		
Total Requested Credit Hours				33.50	50.00	56.00	56.00	56.00	56.00		
Ind Max				14.50	17.50	17.50	17.50	17.50	17.50		
Total Approved Credit Hours	->	->		33.5 / 14.5				56 / 17.5			