

Credentiaing Agency			New York Chiropractic College (DC) credits	NY	NJ	TX	PA	NH	MN			
Time	Minutes	Duration (Minutes)									Session Title	Speakers
Thursday, February 21												
8:00 AM - 8:45 AM	0	0									Opening Remarks	Woodson Merrell MD
8:45 AM - 10:00 AM	75	75	0	N/A	N/A	N/A	N/A	N/A	N/A		Urban Zen Integrative Therapy	Rodney and Colleen Yee
10:15 AM - 12:00 PM	105	100	2	F	D- Nutr	E7- (g) - Nutrition	Gen	Gen	Reg		Why We are Confused: The Failures of Nutrition Science	Mark Hyman MD
10:15 AM - 11:15 AM	60	60	1	F	K	D1- (d) - Nutrition	Gen	Gen	Reg		Test, Don't Guess! Integrative and Functional Nutrition Laboratory Assessment	Mary Beth Augustine RDN, CDN, FAND; Kathie Swift MS, RDN, LDN, FAND
		60	1	F	K	D1- (d) - Nutrition	Gen	Gen	Reg		Change Your Genes - Change Your Life	Kenneth R. Pelletier PhD, MD
11:15 AM - 12:15 PM	60	60	1	C	D- Nutr	E6- (f) - Risk management	Gen	Gen	Reg		IFM Presents : What is Keeping You Stuck in Adrenal Fatigue	Marcelle Pick NP, OB/GYN
		60	1	C	D- Nutr	E7- (g) - Nutrition	Gen	Gen	Reg		Integrative and Comprehensive Approach to Inflammatory Bowel Disease	Ronald Hoffman MD, CNS, FACAM
1:45 PM - 3:00 PM	75	75	0-1.5	N/A	D- Nutr	D1- (d) - Nutrition	Gen	Gen	Reg		Leaky Heart Syndrome	Jack Wolfson DO, FACC
		75	0-1.5	N/A	D- Nutr	E5- (e) - Other: Patient Education	Gen	Gen	Reg		The Technology-Engagement Triad: The Practitioner, Wearable Technology/Apps, & The Patient	Steven Feyrer-Melk PhD, M.Ed
		75	0-1.5	N/A	L	E12- (m) - Nutrition	Gen	Gen	Reg		Cannabis in Cancer Care	Donald Abrams MD
		75	1.5	C	A	E6- (f) - Risk management	Gen	Gen	Reg		Measuring Biology vs. Symptomatology - The Fully Integrated Functional Wellness Program	Dane Donohue DC
3:30 PM - 5:00 PM	90	90	0-1.5	N/A	N/A	E7- (g) - Nutrition	Gen	Gen	Reg		HRT: To Give or Not to Give, The Functional Medicine Answer	Joel Evans MD
		90	1.5	F	K	E6- (f) - Risk management	Gen	Gen	Reg		Environmental Toxins: Part 1 - The Top 4 Pollutants In Your Body And What They Are Doing To You	Walter Crinnion ND
		90	1.5	C	D- Nutr	E7- (g) - Nutrition	Gen	Gen	Reg		How to Better Assess Your Patient's Nutrition Needs	Ashley Koff RD
Total Credit Hours				10.50	15.00	16.50	16.50	16.50	16.50		Dental Danger: Signs of Sleep Breathing Disorders in children and Adults - Learn the Visual Clues!	Mark Breiner DDS, FAGD, FIAOMT
Ind Max				5.00	5.00	5.00	5.00	5.00	5.00			
Friday, February 22												
8:30 AM - 9:45 AM	75	75	0-1.5	N/A	D- Nutr	E7- (g) - Nutrition	Gen	Gen	Reg		Keynote: Fasting Mimicking Diets, Regeneration, and Age-Related Diseases	Valter Longo PhD
10:45 AM - 12:00 PM	75	75	0-1.5	N/A	N/A	E14- (o) - Risk management	Gen	Gen	Reg		Revolutionizing Modern Health with Ancient Medicine	Josh Axe DNM, DC, CNS
		75	0-1.5	N/A	N/A	E15- (p) - Adjunctive or supportive therapy	Gen	Gen	Reg		Real World: Integrative, Functional and Naturopathic Clinical Pilots in the Era of Value-Based Care	John Weeks; Patrick Hanaway MD; David Fogel MD; Lorilee Schoenbeck ND
		75	0-1.5	N/A	D- Nutr	E15- (p) - Adjunctive or supportive therapy	Gen	Gen	Reg		Chronic Disease is an Environmental Issue	Isadora Guggenheim ND
1:30 PM - 2:45 PM	75	75	0-1.5	N/A	N/A	E15- (p) - Adjunctive or supportive therapy	Gen	Gen	Reg		Guided Imagery: Efficacious, Portable, Scalable, User-Friendly, Self-Administered	Belleruth Napanstek ACSW
		75	1.5	F	L	E15- (p) - Adjunctive or supportive therapy	Gen	Gen	Reg		The Autoimmune Epidemic - Exploring the Controversies and Pathways Forward	David Brady ND, DC, CCN, DACBN, IFMCP; Yehuda Shoenfeld MD, FRCP, MaACR; Aristo Vojdani PhD, MSc, CLS; Nancy O'Hara MD, MPH, FAAP; David Perlmutter MD, FACC, ABIMH
		75	1.5	F	D- Nutr	E7- (g) - Nutrition	Gen	Gen	Reg		Gut Dysbiosis, Immune Activation and Histamine Intolerance - Untangling the Web	Michael Ruscio DC
		75	1.5	C	D- Nutr	E7- (g) - Nutrition	Gen	Gen	Reg		The Gut Microbiome-Brain Axis: In Touch with Your 'Gut Feelings'	Patrick Hanaway MD
3:30 PM - 5:00 PM	90	90	1.5	F	L	D1- (d) - Nutrition	Gen	Gen	Reg		Integrative Approaches to Traumatic Brain Injuries	Adam Breiner ND
		90	1.5	F	L	E15- (e) - Public health	Gen	Gen	Reg		Laughter, Enlivening Global Relationships and Wellness Through this Universal Language of Healing	Karen Ellen Fink BSN, RN, HNB-BC, LMT, CLL
Total Credit Hours				9.00	12.00	15.00	16.50	16.50	16.50		Lifestyle Choices Chart Your Brain's Destiny	David Perlmutter MD, FACC, ABIMH
Ind Max				3.00	6.00	6.00	6.00	6.00	6.00			
Saturday, February 23												
8:30 AM - 10:00 AM	90	90	1.5	F	L	E6- (f) - Risk management	Gen	Gen	Reg		Pathways to Longevity: Intracellular Biochemical Pathways Associated with Aging	Robert Rountree MD
8:30 AM - 9:45 AM	75	75	1.5	F	K	E15- (p) - Adjunctive or supportive therapy	Gen	Gen	Reg		Environmental Toxins: Part 2 - Survival Strategies To Deal With 4 Of The Most Damaging Pollutants	Walter Crinnion ND
		75	0-1.5	N/A	A	E6- (f) - Risk management	Gen	Gen	Reg		Doing It, Better! Integrative Medicine for Sexual Dysfunction	Barbara Bartlik MD; Geo Espinosa ND, LAC, IFMCP, CNS; Janet Mindes PhD; Ronald Hoffman MD, CNS, FACAM
		75	0-1.5	N/A	Q - Herbal Medicine	E12- (m) - Nutrition	Gen	Gen	Reg		Cannabis, The Endocannabinoid System, and Integrative Modalities: What Integrative Practitioners Need to Know	Carey Clark PhD, RN, AHN-BC, RYT
9:00 AM - 12:00 PM	180	180	3.5	C	A	E6- (f) - Risk management	Gen	Gen	Reg		Compassion Fatigue + Vital Exhaustion: A Matter of the Heart	Nancy Gahles DC, CCH, RSHom(NA),OIM; Lorraine Gahles-Kildow PhD
10:45 AM - 12:00 PM	75	75	0-1.5	N/A	D- Nutr	E7- (g) - Nutrition	Gen	Gen	Reg		Microbiota and the Gut-Brain Axis in Health and Disease	Rob Silverman DC, DACBN, DCBCN, MS, CCN, CNS, CSCS, CIISN, CKTP, CES, HKC, FAKTR
		75	0-1.5	N/A	D- Nutr	E7- (g) - Nutrition	Gen	Gen	Reg		Patient-Specific Immune Repair Program: Immunopathogenesis in Ill & Good Health	Russell Jaffe MD, PhD, CCN
		75	1.5	C	D- Nutr	E7- (g) - Nutrition	Gen	Gen	Reg		Exploiting Genetic Variation in Hormone Balancing for Women	Wendy Warner MD, FACCQ, ABIMH, IFMCP
		75	1.5	J- Public Health	Q - Public Health	E6- (f) - Risk management	Gen	Gen	Reg		Suicide: A Public Health Crisis - Obligations and Opportunities for Integrative Medicine	James Greenblatt MD
1:30 PM - 2:45 PM	75	75	1.5	F	D- Nutr	E7- (g) - Nutrition	Gen	Gen	Reg		The Mosaic of Autoimmunity	Yehuda Shoenfeld MD, FRCP, MaACR
		75	1.5	F	D- Nutr	E7- (g) - Nutrition	Gen	Gen	Reg		'Braininflammation' - How Gluten and Grains Trigger Blood Brain Barrier Disruption	Peter Osborne DC, DACBN, PScD
		75	0-1.5	N/A	D- Nutr	E12- (m) - Nutrition	Gen	Gen	Reg		Testosterone in Men: Why Levels Are Low and Treating With Natural Therapeutics	Geo Espinosa ND, LAC, IFMCP, CNS
3:45 PM - 5:00 PM	75	75	1.5	C	A	E15- (p) - Adjunctive or supportive therapy	Gen	Gen	Reg		Integrative Energy Medicine for Pain Management	Gail Van Kanegan DNP, FNP, APhN, EEM-AP, Reiki Master
		75	0-1.5	N/A	D- Nutr	E6- (f) - Risk management	Gen	Gen	Reg		Functional Medicine in the Age of Genomics, Biometrics and Wearable Devices	Jeffrey Bland PhD, FACC, FACB, CNS
Total Credit Hours				14.00	23.00	23.00	23.00	23.00	23.00			
Ind Max				6-6.5	6-6.5	6-6.5	6-6.5	6-6.5	6-6.5			
				NYCC (DC)	NYCC (DC)	NYCC (DC)	NYCC (DC)	NYCC (DC)	NYCC (DC)			
Total Requested Credit Hours				33.50	50.00	56.00	56.00	56.00	56.00			
Ind Max				14.50	17.50	17.50	17.50	17.50	17.50			
Total Approved Credit Hours			->	33.5 / 14.5	50 / 17.5	54.5 / 17.5				56 / 17.5		