

Whole Food Approach: Detoxification, Inflammation, and Endocannabinoids

Schedule	Speaker	Title	Bio
8:30 -8:45	Sara LeBrun-Blashka, MS <i>Standard Process Director of Education & Practitioner Engagement</i>	Introduction	Sara LeBrun-Blashka MS is the director of education and practitioner engagement at Standard Process, where she led the team to launch the new educational website, WholisticMatters.com. Sara is a nutritionist with Master's in Nutrition Education at American University and a bachelor of science in dietetics and food science. Sara has strong industry experience working for multiple nutrition organizations over the last 20 years. Sara has also provided medical and nutrition marketing consulting services and medical food development to a wide range of health focus corporations. She has also provided radio interviews on multiple health programs and writes nutritional articles. Sara is a member of the Academy of Nutrition & Dietetics and American Society of Parenteral and Enteral Nutrition. She keeps busy with her family, dog, exercising and traveling. Sara has a passion for community-supported agriculture (CSA) and is active on multiple charitable boards.
8:45-9:30	Christine Mason <i>Standard Process Farm Manager</i>	Soil to Supplement: The Role of Organic and Sustainable Farming	Christine is uniquely qualified to teach this course based on her education and experience in speaking in the area of Organic Farming. She has managed the Standard Process Organic Farm for 18 years and has been asked to lecture on this topic by multiple organizations, including MOSA (Midwest Organic Services Association). Christine shares her passion for organic farming in a powerful and thoughtful manner.
9:30 -10:00	Sara LeBrun-Blashka, MS <i>Standard Process Director of Education & Practitioner Engagement</i>	Utilizing Whole Food Nutrition for Metabolic Detoxification	
10:00- 10:15	Break		
10:15-11:00	Jennifer Stagg, ND	Paradigm Shift in Detoxification	Dr. Stagg is the author of Unzip Your Genes. She is a practicing naturopathic physician and is the founder and medical director of Whole Health Wellness Center in Connecticut. Dr. Stagg is a sought after speaker and medical contributor and has appeared on NBC, ABC and CBS.
11:00- 11:45	Slavko Komarnytsky, PHD	The Role of Omega and Hemp in CB1 and CB2 Receptor Activation	Born in the remote wilds of the Carpathian Mountains in Ukraine, Dr. Slavko Komarnytsky is the Assistant Professor of Pharmacogenomics at the Plants for Human Health Institute, N.C. State University, and Director of the Life Habit Center for Biodiscovery. Komarnytsky received a B.S. in biology and M.S. in cell biology from Kyiv Shevchenko University in 1998. He earned his Ph.D. in cell and molecular plant biology in 2004 and held research appointments in metabolism and nutrition at Rutgers University prior to joining the food science faculty at N.C. State University in 2011. His primary scientific interests have been in how dietary bioactive components prevent chronic metabolic diseases and inflammation, with a specific emphasis on the pathological mechanisms of insulin resistance and muscle loss. His scholarly work has set trends in biodiscovery from natural sources and engagement of students and ethnic communities in global health research. He has authored over 40 major scientific publications and gained broad support from government agencies and industry sponsors.
12:00-1:00	Lunch		

1:00-1:30	Michael Klinker <i>Standard Process VP and General Counsel</i>	Weeding Through the Legal Status of Hemp	
1:30-2:00	Carl Germano, RD, CNS, CDN	Hemp: Exploring the Endocannabinoid System in Health & Disease	<p>Carl Germano, RD, CNS, CDN is a registered, certified/licensed clinical nutritionist presently appointed to the NY State Board of Dietetics and Nutrition and a frequent radio guest and lecturer. He holds a masters degree in clinical nutrition from New York University and has over 30 years experience using innovative, complementary nutritional therapies in private practice and in product development. For the past 25 years, he has dedicated his efforts to research and product development for the nutritional industries (dietary supplements, functional beverages, medical foods), where he has been instrumental in bringing cutting-edge nutritional substances and formulations to market. Today, he continues his efforts in product development and research and is responsible for providing the industry with the next generation of clinically important nutraceutical ingredients.</p> <p>In addition, he is the author of the best selling books: Nucleotides: The Building Blocks To Optimal Health, SOD/Gliadin: The Ultimate Cellular Defense Against Ageing and Disease, Natures Pain Killers, The Osteoporosis Solution, The Brain Wellness Plan, Rhodiola rosea: Natures Answer To Stress, and Advantra Z: The Natural Way To Weight Loss. His vast experience includes serving as Vice President of Product Development & Research for Solgar Vitamin & Herb Company, Nutratech, Country Life Vitamins and presently as the Chief Science Officer for Inergetics, Inc. Also, Mr. Germano consults on new product development & research for the dietary supplement, functional beverage and medical foods industries and operates a Clinical Nutrition Center in New York (www.thenutritiontherapycenter.com). He continues his effort in education with a recent adjunct appointment at Dominican College, NY, where he teaches nutrition.</p>
2:00-2:30	Annette Schippel DC	Clinical Pearls: A Clinical Case Review (Detox Case)	<p>Annette Schippel, DC, graduated from Logan College of Chiropractic in 1998. Her passion for pediatrics and nutrition resulted in a large family practice with an emphasis on women, children, and clinical nutrition. Dr. Schippel's reputation has brought her a continuing flow of patients from across the U.S. and even other countries. Her expertise in functional medicine has contributed to the success of her holistic practice and also allowed her to become a respected public health educator in her profession.</p> <p>Dr. Schippel has traveled the world teaching thousands of practitioners about functional endocrinology and its application for the patient. She has written and co-written numerous clinician manuals. Her expertise in this field has led to appearances as a guest speaker at national and international conferences. Dr. Schippel was given the great honor of speaking at the 2014 International Health Management Forum.</p> <p>Dr. Schippel partnered with Dr. Doris Kutz-Compton in 2011 to start the Endocrine Wellness program.</p>

2:30-3:00	Robin Foroutan, MS, RDN, HHC	Case Study: Inflammation	Robin Foroutan, MS, RDN, HHC is a Registered Dietitian Nutritionist and leading expert in holistic health and Integrative and Functional Nutrition, practicing at the renown Morrison Center in New York City. Robin firmly believes that the body is able to heal itself when given the right conditions, and offers her clients a more natural approach to health and healing by seeking out the underlying imbalances that cause symptoms and using a holistic and biological approach to reversing those imbalances. By utilizing dietary interventions, elimination diets, herbs and dietary supplements, and incorporating principles of nutrigenomics and mind-body techniques, she helps her clients achieve optimum health. When not working with clients, Robin is a nutrition consultant, writer, lecturer and spokesperson for the Academy of Nutrition and Dietetics. Her expert advice is frequently featured in top media outlets, including Good Morning America, ABC News, The New York Times, U.S. News & World Report, USA Today, Prevention, WebMD, Well + Good, Glamour, Shape, Health Magazine, Men's Health and Women's Health Magazines. Robin attended New York University, earning a Bachelor of Science degree in Nutrition and Dietetics, and Columbia University, where she completed her Master of Science degree and dietetic internship. She has done extensive training in Integrative and Functional Medicine, which has enabled her to address people's health issues by teaching them how to create the conditions that allow their bodies to return to balance and health.
3:00-3:15	Break		
3:15-4:00	Christopher Bump, DC	NeuroInflammation	Dr. Christopher Bump has created a unique model of health care by integrating Functional Medicine and Chiropractic. He has over 30 years of experience in clinical nutrition and has earned numerous certifications and degrees along the way. He is a certified practitioner by the Institute for Functional Medicine and he holds a Master's Degree from Columbia University in Human Nutrition, where he has served as guest lecturer. He also holds certifications in clinical nutrition with the AMA College of Nutrition and The International and American Council of Clinical Nutrition and he has chaired the Council for Nutritional Education for the Association of New Jersey Chiropractors for the past 5 years. Dr Bump continues in private practice in Northern New Jersey, as well as lecturing internationally on clinical nutrition offering unique insight from a functional and structural perspective.
4:00-4:05	Sara LeBrun-Blashka, MS <i>Standard Process Director of Education & Practitioner Engagement</i>	Wrap Up	
4:05-5:00	Cocktails with Peers		