

# More Than A Gut Feeling: Supporting Your Microbiome with Nutrition

## Pre-Conference by Standard Process

Wednesday, February 16, 2022 at the Integrative Healthcare Symposium in NYC

The goal of this program is to explore the microbiome from an overview, detox, nutrition, and hormone point of view. This course will provide the latest research available and conclude with actionable items a doctor can apply with their patients when it comes to gut health.

On completion of this program, attendees will:

- Understand the microbiome and the factors that may affect the microbiome
- Explore the mechanisms of detox and how it supports gut health
- Describe phytonutrients and how they play a role in microbiome health
- Dive into SIBO and how it affects the gut
- Understand hormone's role in microbiome health
- Discuss microbiome testing as an actionable way to assess patient health

9:00-9:15am	Introduction by Sara LeBrun-Blashka, MS
9:15-10:15am	Get to Know the Gut by Mahmoud Ghannoum, PhD, MBA, FIDSA, FAAM*
10:15-10:30am	Microbiome Test Kit by Meghan Hamrock, MS, MPH
10:30-10:45am	Break
10:45-11:45am	Phytonutrients Role in the Gut by Jen Stagg, ND*
11:45-12:00pm	Q&A
12:00-1:00pm	Lunch
1:00-1:30pm	Update on SP Detox Balance by Sara LeBrun-Blashka, MS
1:30-2:30pm	Gut Brain Axis by Mahmoud Ghannoum, PhD, MBA, FIDSA, FAAM*
2:30-3:30pm	Update on GI Stability and GI Adsorb by Sara LeBrun-Blashka, MS
3:30-3:45pm	Break
3:45-4:15pm	Panel Discussion with Jen Stagg and Mahmoud Ghannoum*
4:15-4:45pm	Wrap-Up



\*4 hours CE applied for all states accepting live webinars for DCs, BCNS, ACBN, BCHN