



Approved States: CO, CT, DE, DC, ID, IL, IN, IA, MA, MD, MS, MT, NE, ND, NJ, NY, OH, OR, PA, RI, SC, UT, VT, VA, WA, WY

Time	Session Title	Speakers	DC Credit	NY	NJ (pre-approved)	PA
Thursday, February 17						
8:45 AM - 10:00 AM	Plenary: COVID-19 Long Haul Syndrome - Exploring the Controversies and Pathways Forward	David Brady, ND, DC, CCN, DACBN, IFMCP, FACN Tom Fabian, PhD, CNTP Richard Horowitz, MD Gez Medinger Bruce Patterson, MD	0	0	0	Pending
10:30 AM - 11:30 AM	Transforming Trauma: The Path to Hope and Healing	James Gordon, MD	1	1 C	1 A	Pending
	Metabolomics in Clinical Practice: Interpreting Signatures	Betsy Redmond, PhD, MMSc, RD	0 - 1	0	1 D - Nutrition	Pending
	Microaggressions: Understanding What They Are, Why They Are Harmful to Health and How to Manage Them	Aarati Didwania, MD, MSCI	1	1 G - Cat 1	1 Q - Ethics	Pending
1:00 PM - 2:00 PM	Integrative Medicine and Vision	Marc Grossman, O.D., L.Ac.	0	0	0	Pending
	Social Determinants of Health	Nicola Finley, MD	1	1 Pat Comm	1 Ethics	Pending
	Mast Cell Activation Syndrome: The Interplay Between Immunity and Neuroinflammation	Tania Dempsey, MD	1	1 F	1 K	Pending
2:15 PM - 3:15 PM	Accelerating Healing and Clinical Results with IV Nutrition Therapy	Andrew Wong, MD	0	0	0	Pending
	An Integrative Approach to Breast Cancer: Time to Shift from Early Detection to Prevention	Tara Scott, MD	0	0	0	Pending
	Narrative Medicine: The Power of Story to Advance Personal and Community Health	Catherine Florio Pipas, MD, MPH	0	0	0	Pending

3:45 PM - 5:00 PM	Addiction in LGBTQ+ Communities and Crystal Methamphetamine Use Among Gay Men	Petros Levounis, MD, MA	0	0	0	Pending
	Genes, Microbes, & Metagenes: Irritable Bowel Syndrome (IBS) Through the Lens of Systems Biology	Robert Rountree, MD	1.5	1.5 J- Nutrition	1.5 D - Nutrition	Pending
Total Credit hours			6.5	5.5	6.5	Pending
Individual Max			3.5	3.5	3.5	Pending



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Friday, February 18						
8:45 AM - 10:00 AM	Keynote: The Evolution of Integrative Medicine	Andrew Weil, MD	0	0	0	Pending
10:30 AM - 11:30 AM	Game Changer - Key Lessons from Elite Sport to Improve Patient Outcomes	Marc Bubbs, ND, MSC, CISSN, CSCS	1	1 Nutrition	1 Nutrition	Pending
	U.S. Drinking Water: Regulations, Contamination, Human Health Issues and What You Can Share With Your Patients	Aly Cohen, MD, FACR	1	1 Public Health	1 Public Health	Pending
	Improving Mental Health Outcomes and Combating Loneliness through Holistic Pathways and Mindfulness: A Case Study in Psychiatric Medication Management	Roberta Stanhope, ARNP, PMH, CNS, BC	0	0	0	Pending
	Technological Addictions: The New Frontier of Addiction Psychiatry	Petros Levounis, MD, MA	0 - 1	0	1 K	Pending
1:15 PM - 2:15 PM	IFM Presents: The Potential to Reverse Biological Aging Through Diet and Lifestyle	Kara Fitzgerald, ND, IFMCP	0 - 1	0	1 Basic Science	Pending
	Four R's for Flourishing in Healthcare and in Life: Reflection, Relationships, Resourcefulness, Resilience	Hedy Wald, PhD	1	1 E	1 I	Pending
	Finding Value in Genetic Testing Today	Yael Joffe, PhD, RD, FACN	0	0	0	Pending

2:30 PM - 3:30 PM	Post COVID Mental Health - What's the Right Treatment?	Peter Bongiorno, ND, LAc	0	0	0	Pending	
	Gut-Skin-Hair Axis: The Science of Oral Probiotics and Prebiotics	Raja Sivamani, MD, MS, AP	0 - 1	0	1 D - Nutrition	Pending	
	One Size Fits All: The Benefits of Exercise	Neil Skolnik, MD	1	1 C	1 C	Pending	
4:00 PM - 5:00 PM	Plenary: Culinary Medicine - Cooking up Health: Anytime, Anyplace	Melinda Ring, MD	0	0	0	Pending	
			Total Credit hours	7	4	7	Pending
			Individual Max	3	3	3	Pending



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Saturday, February 19						
9:00 AM - 10:00 AM	IFM Presents: The Functional Medicine Approach to Acute and Chronic COVID-19: Successful Strategies for Clinicians	Joel Evans, MD	0	0	0	Pending
10:30 AM - 11:30 AM	The Role of a Health Coach in a Global Pandemic	Meg Jordan, PhD, RN, NBC-HWC	1	1 Pat Comm	1 PoP	Pending
	The Healthy Microbiome of the Mouth: Is Sterilizing the Mouth Causing Cardiovascular Disease?	Reid Winick, D.D.S.	1	1 Basic Science	1 Basic Science	Pending
	Cognitive Behavioral Therapy Techniques for Healthcare Providers	Aaron Sutton, LCSW, BCD, CAADC	1	1 C	1 B	Pending
1:00 PM - 2:00 PM	Increasing Fulfillment and Reducing Frustration in Your Practice	Jay Winner, MD, FAAFP	1	1 E	1 I	Pending
	Advanced Course: The Cellular Signals that Influence the Causes of Autoimmune Diseases and the Pathways to Repair	William Seeds, MD	0	0	0	Pending
	Genes vs Environment in Alzheimer's Disease	Aristo Vojdani, PhD, MSc, CLS	0	0	0	Pending
2:30 PM - 3:30 PM	The Endothelial Glycocalyx and Cardiovascular Disease: Revolutionary Concepts and Treatment	Mark Houston, M.D., M.S. MSc, ABAARM, FAARM, FACP, FAHA, FASH, FACN, DABC	0	0	0	Pending
	Cannabis and Cannabidiol (CBD): State of the Science in 2022	Kevin Hill, MD, MHS	0 - 1	0	1 K	Pending
Total Credit hours			5	4	5	Pending
Individual Max			3	2	3	Pending

Thursday individual total	3.5	3.5	3.5	Pending
Friday individual total	3	3	3	Pending
Saturday individual total	3	2	3	Pending
Max credit	9.5	8.5	9.5	Pending