



Time	Session Title	Speakers	CNE
Thursday, February 17			
8:45 AM - 10:00 AM	Plenary: COVID-19 Long Haul Syndrome - Exploring the Controversies and Pathways Forward	David Brady, ND, DC, CCN, DACBN, IFMCP, FACN Tom Fabian, PhD, CNTP Richard Horowitz, MD Gez Medinger Bruce Patterson, MD	0
10:30 AM - 11:30 AM	Transforming Trauma: The Path to Hope and Healing	James Gordon, MD	1
	Metabolomics in Clinical Practice: Interpreting Signatures	Betsy Redmond, PhD, MMSc, RD	1
	Microaggressions: Understanding What They Are, Why They Are Harmful to Health and How to Manage Them	Aarati Didwania, MD, MSCI	1
1:00 PM - 2:00 PM	Integrative Medicine and Vision	Marc Grossman, O.D., L.Ac.	1
	Social Determinants of Health	Nicola Finley, MD	1
	Mast Cell Activation Syndrome: The Interplay Between Immunity and Neuroinflammation	Tania Dempsey, MD	1
2:15 PM - 3:15 PM	Accelerating Healing and Clinical Results with IV Nutrition Therapy	Andrew Wong, MD	1
	An Integrative Approach to Breast Cancer: Time to Shift from Early Detection to Prevention	Tara Scott, MD	1
	Narrative Medicine: The Power of Story to Advance Personal and Community Health	Catherine Florio Pipas, MD, MPH	1
3:45 PM - 5:00 PM	Addiction in LGBTQ+ Communities and Crystal Methamphetamine Use Among Gay Men	Petros Levounis, MD, MA	1
	Genes, Microbes, & Metagenes: Irritable Bowel Syndrome (IBS) Through the Lens of Systems Biology	Robert Rountree, MD	1
Total credit hours for the day			11
Individual max for the day			4



Time	Session Title	Speakers	CNE
Friday, February 18			
8:45 AM - 10:00 AM	Keynote: The Evolution of Integrative Medicine	Andrew Weil, MD	0
10:30 AM - 11:30 AM	Game Changer - Key Lessons from Elite Sport to Improve Patient Outcomes	Marc Bubbs, ND, MSC, CISSN, CSCS	1
	U.S. Drinking Water: Regulations, Contamination, Human Health Issues and What You Can Share With Your Patients	Aly Cohen, MD, FACR	1
	Improving Mental Health Outcomes and Combating Loneliness through Holistic Pathways and Mindfulness: A Case Study in Psychiatric Medication Management	Roberta Stanhope, ARNP, PMH, CNS, BC	1
	Technological Addictions: The New Frontier of Addiction Psychiatry	Petros Levounis, MD, MA	1
1:15 PM - 2:15 PM	IFM Presents: The Potential to Reverse Biological Aging Through Diet and Lifestyle	Kara Fitzgerald, ND, IFMCP	1
	Four R's for Flourishing in Healthcare and in Life: Reflection, Relationships, Resourcefulness, Resilience	Hedy Wald, PhD	1
	Finding Value in Genetic Testing Today	Yael Joffe, PhD, RD, FACN	1
2:30 PM - 3:30 PM	Post COVID Mental Health - What's the Right Treatment?	Peter Bongiorno, ND, LAc	1
	Gut-Skin-Hair Axis: The Science of Oral Probiotics and Prebiotics	Raja Sivamani, MD, MS, AP	0
	One Size Fits All: The Benefits of Exercise	Neil Skolnik, MD	1
4:00 PM - 5:00 PM	Plenary: Culinary Medicine - Cooking up Health: Anytime, Anyplace	Melinda Ring, MD	1
Total credit hours for the day			9
Individual max for the day			4



Time	Session Title	Speakers	CNE
Saturday, February 19			
9:00 AM - 10:00 AM	IFM Presents: The Functional Medicine Approach to Acute and Chronic COVID-19: Successful Strategies for Clinicians	Joel Evans, MD	0
10:30 AM - 11:30 AM	The Role of a Health Coach in a Global Pandemic	Meg Jordan, PhD, RN, NBC-HWC	1
	The Healthy Microbiome of the Mouth: Is Sterilizing the Mouth Causing Cardiovascular Disease?	Reid Winick, D.D.S.	1
	Cognitive Behavioral Therapy Techniques for Healthcare Providers	Aaron Sutton, LCSW, BCD, CAADC	1
1:00 PM - 2:00 PM	Increasing Fulfilment and Reducing Frustration in Your Practice	Jay Winner, MD, FAAFP	1
	Advanced Course: The Cellular Signals that Influence the Causes of Autoimmune Diseases and the Pathways to Repair	William Seeds, MD	1
	Genes vs Environment in Alzheimer's Disease	Aristo Vojdani, PhD, MSc, CLS	1
2:30 PM - 3:30 PM	The Endothelial Glycocalyx and Cardiovascular Disease: Revolutionary Concepts and Treatment	Mark Houston, M.D., M.S. MSc, ABAARM, FAARM, FACP, FAHA, FASH, FACN, DABC	1
	Cannabis and Cannabidiol (CBD): State of the Science in 2022	Kevin Hill, MD, MHS	1
Total credit hours for the day			8
Individual max for the day			3
Thursday individual total			4
Friday individual total			4
Saturday individual total			3
Max credit			11